

Stapleford Community Primary School

Safeguarding Curriculum

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Cycle A/B	Identifying safe adults, belonging, class expectations Knowing who keeps me safe	Anti-bullying Practise setting boundaries about things I don't like Recognising and naming emotions and identifying strategies to support.	Understanding the world, people who help us People who keep me safe in my community	Identifying differences between boys and girls, and name body parts, including sexual parts. Growing up PANTS rule – privacy My body belongs to me	Assessing risks – road safety, what to do if I'm lost Safe/Unsafe touch Safe/Unsafe secrets Drug Education – how to be safe around medicines	Healthy lifestyles and basic safety routines Water safety - swimming
Year 1	Cycle A	Classroom rules, trusted adults, feelings Safety through rules	Anti-bullying Unkind behaviour, telling adults Safe relationships Online Relationships/ Online Bullying	Respect, belonging	Drug Education and Personal safety Keeping my body safe	Personal Safety - Early Warning Signs in body to help them know they are not feeling safe - to identify private body parts and say 'no' to unwanted touch • know what to do if a friend/family member isn't kind to them or if they	Managing change and emotions Emotional safety Water safety - swimming

						are worried about something that happens online.	
	Cycle B	Helping school to be safe and happy place Reviewing trusted adults at home/school Ways of asking for help Safe and Happy Environments	Anti-bullying Recognising and responding to bullying Online Relationships/ Online Bullying	Working together, cooperation Safe relationships and teamwork	RSE (Naming body parts, including sexual parts, Privacy and hygiene) Parts of body that are private – PANTS rule	Managing safety and risk, including roads, sun and water safety Staying safe in everyday situations Personal Safety	Healthy lifestyles Making healthy and safe choices Water safety – swimming
Year 2	Cycle A	Rules, support networks Knowing who helps me	Anti-bullying Online Relationships/ Online Bullying	Diversity and communities – Respecting difference	Drug education	be able to name their Early Warning Signs, the physical feelings in their body that help them to know they are not feeling safe • know who they could talk with if they have a worry or need to ask for help • be able to identify private parts of the body and say ‘no’ to unwanted touch • know what to do if a friend or family member isn’t kind to them or	Managing life changes and emotions safely Water safety – swimming lessons

						if they are worried about something that happens online.	
	Cycle B	Helping school to be safe and happy place Reviewing trusted adults at home/school Ways of asking for help	Anti-bullying Online Relationships/ Online Bullying	Working Together	To know that humans produce babies that grow into children and then into adults. To understand that babies grow inside a female body until they are ready to be born. (Link with NC Science) Changes to body as grown older. How babies need care to stay safe and healthy.	Managing safety and risk, including sun and water safety	Water safety – swimming lessons
Year 3	Cycle A	Rights, Rules, feelings, support networks	Anti-bullying, types of bullying Recognising harm Online Relationships/ Online Bullying	Diversity and communities – inclusion and respect Safe communities	Drug Education + Personal Safety Medicines and safety Body protection	Personal Safety - Early Warning Signs, the physical feelings in their body that help them to know that they are not feeling safe to identify physical contact they feel comfortable	Emotional Responses to Change and coping safely Water safety – swimming lessons

						with and how to report unwanted or unsafe physical contact Be able to seek help if they feel worried about a relationship with a friend or family member Suggest some ways to help stay safe online.	
	Cycle B	Support networks and how to ask for help Knowing when they might need help Behaviour online Consent and personal boundaries	Anti-bullying Online Relationships/ Online Bullying	Poverty Paying for things – debt / credit / borrowing and the consequence of these	Scientific names of body parts Puberty Identifying trusted adults to talk about private body parts	Strategies in Risky Situations Peer pressure How to be safe near water, roads; risks around fire Recognising an emergency and taking action	Water safety – swimming How physical activity and nutrition affects physical and mental health
Year 4	Cycle A	Rules, Rights and Responsibility, treating others and being treated with respect. Online Privacy and Security	Anti-bullying, impact of behaviour and preventing harm Online Relationships/ Online Bullying	Diversity and Communities - Recognise difference and respect diversity Challenging stereotypes	Drug Education – medical and legal recreational drugs e.g. alcohol and nicotine Consider influence and persuasion	Personal Safety - Early Warning Signs, the physical feelings in their body that help them to know that they are not feeling safe	Managing change - To know who can help them if they are experiencing difficult emotions, and know how to access support or approach someone.

				Forms and role of media	Managing online information	To identify physical contact they feel comfortable with and how to report unwanted or unsafe physical contact Be able to seek help if they feel worried about a relationship with a friend or family member Suggest some ways to help stay safe online.	Water safety – through swimming lessons
	Cycle B	Support networks and how to ask for help Knowing when they might need help Behaviour online Consent and personal boundaries	Anti-bullying Online Relationships/ Online Bullying	Poverty Paying for things – debt / credit / borrowing and the consequence of these	Main stages of human life cycle To understand that babies begin when a male seed and female egg join together. Perceptions of being physically, emotionally and socially ‘grown up’.	Strategies in Risky Situations Peer pressure How to be safe near water, roads; risks around fire Recognising an emergency and taking action	Water safety – swimming How physical activity and nutrition affects physical and mental health
Year 5	Cycle A	Rights, mental wellbeing and responsibility for safety	Online Relationships/ Online Bullying	Diversity and Communities - Recognise the negative effects of stereotyping and prejudice	Body Parts and Puberty – what is a taboo? When would it be appropriate to talk about these body parts?	Identify behaviours that constitute neglect and abuse Judge whether a secret is safe or not	Be able to identify what might help when experiencing difficult emotions.

				Understand about the role of the media and its possible influences	Body Awareness and Body Image	Identify touches which break personal boundaries and understand that no-one should touch the intimate parts of their bodies	Know how they can access support and how they can support other people.
	Cycle B	Sources of support, including knowing who to contact from outside agencies and support services To be able to ask for help and support for others, report concerns and keep trying until they are heard. To explain the characteristics of healthy friendships on and offline and identify elements which may be healthy or unhealthy.	Anti-bullying – includes cyber bullying and prejudice-based bullying Online Relationships/ Online Bullying	Discuss differences between needs and wants in relation to money. Discuss debt and managing money being complex but that there are people to help	Body Parts and Puberty – what is a taboo? When would it be appropriate to talk about these body parts? Body Awareness and Body Image	Positive and negative aspects of risk taking Strategies in Risky situations – to reduce risks Situations where children have responsibility for own safety Getting help from known or unknown adults in an emergency situation Cycling and walking safely – highway code	Water safety – swimming Online Wellbeing – age restrictions on games, the benefits and risks to their physical and mental health of time spent online. Understand that there are a range of influences on the choices they make about diet and exercise, including the media, peers and adults.
Year 6	Cycle A	Rights, mental wellbeing and responsibility for safety	Anti-bullying - Online and prejudice-based bullying	Diversity and Communities - Recognise the negative effects of stereotyping and prejudice	Human Life Cycle, including sexual intercourse Feelings around puberty	Identify behaviours that constitute neglect and abuse Judge whether a secret is safe or not	Be able to identify what might help when experiencing difficult emotions.

			Online Relationships/ Online Bullying	Understand about the role of the media and its possible influences	What is a crush? Different types of love and how people who are in love might treat each other What to consider before having a baby, including ways that making a baby can be stopped.	Identify touches which break personal boundaries and understand that no-one should touch the intimate parts of their bodies	Know how they can access support and how they can support other People. Have developed strategies for coping with future changes, including transition to secondary school
	Cycle B	Sources of support, including knowing who to contact from outside agencies and support services To be able to ask for help and support for others, report concerns and keep trying until they are heard. To explain the characteristics of healthy friendships on and offline and identify elements which may be healthy or unhealthy.	Antibullying – includes cyber bullying and prejudice-based bullying Online Relationships/ Online Bullying	Discuss differences between needs and wants in relation to money. Discuss debt and managing money being complex but that there are people to help	Human Life Cycle, including sexual intercourse Feelings around puberty What is a crush? Different types of love and how people who are in love might treat each other What to consider before having a baby, including ways that making a baby can be stopped.	Positive and negative aspects of risk taking Strategies in Risky situations – to reduce risks Situations where children have responsibility for own safety Getting help from known or unknown adults in an emergency situation Cycling and walking safely – highway code	Water safety – swimming Online Wellbeing – age restrictions on games, the benefits and risks to their physical and mental health of time spent online. Understand that there are a range of influences on the choices they make about diet and exercise, including the media, peers and adults.

Additional Opps		World Mental Health Day	- Anti-bullying Week - NSPCC Assembly and Workshops– Speak Out	Children’s Mental Health Week -Safer Internet Day -Random Acts of Kindness		2 Johns Sessions for Upper KS2, parents and staff Bikeability – road safety	Y6 Online Safety Workshop in preparation for moving to secondary school