

PSHE Subject Curriculum Map

Cycle A 2024-2025	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	<u>Myself and My Relationships</u> <i>Beginning and Belonging</i> Unit code: MMR1BBF	<u>Myself and My Relationships</u> <i>My Family and Friends- Including Anti-Bullying</i> Unit code: MMR2FFF My Emotions Unit code: MMR3MEF	<u>Citizenship</u> <i>Identities and Diversity</i> Unit code: Cit1IDF	<u>Healthy and Safer Lifestyles</u> <i>My Body and Growing Up</i> Unit code: HSL1BGF	<u>Healthy and Safer Lifestyles</u> <i>Keeping Safe (incl. Drug Education)</i> Unit code: HSL2KSF	<u>Healthy and Safer Lifestyles</u> <i>Healthy Lifestyles</i> Unit code: HSL3HLF
Years 1-6	<u>Citizenship</u> Rights, Rules and Responsibilities Y1&2 unit code: Cit5RR12 Y3&4 unit code: Cit8RR34 Y5&6 unit code: Cit11RR56 <u>Myself and My Relationships</u> My Emotions Y1&2 unit code: MMR5ME12 Y3&4 unit code: MMR10ME34 Y5&6 unit code: MMR15ME56	<u>Myself and My Relationships</u> Anti-Bullying Y1&2 unit code: MMR7AB12 Y3&4 unit code: MMR12AB34 Y5&6 unit code: MMR17AB56	<u>Citizenship</u> Diversity and Communities Y1&2 unit code: Cit4DC12 Y3&4 unit code: Cit7DC34 Y5&6 unit code: Cit10DC56	<u>Healthy and Safer Lifestyles</u> Drug Education Y1&2 unit code: HSL8DE12 Y3&4 unit code: HSL15DE34 Y5&6 unit code: HSL22DE56	<u>Healthy and Safer Lifestyles</u> Personal Safety Y1&2 unit code: HSL9PS12 Y3&4 unit code: HSL16PS34 Y5&6 unit code: HSL22DE56 Year 5 and 6 - RSE	<u>Myself and My Relationships</u> Managing Change Y1&2 unit code: MMR8MC12 Y3&4 unit code: MMR13MC34 Y5&6 unit code: MMR18MC56
Cycle B 2025-2026	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	<u>Myself and My Relationships</u> <i>Beginning and Belonging</i> Unit code: MMR1BBF	<u>Myself and My Relationships</u> <i>My Family and Friends- Including Anti-Bullying</i> Unit code: MMR2FFF My Emotions Unit code: MMR3MEF	<u>Citizenship</u> <i>Me and My World</i> Unit code: Cit2MWF	<u>Healthy and Safer Lifestyles</u> <i>My Body and Growing Up</i> Unit code: HSL1BGF	<u>Healthy and Safer Lifestyles</u> <i>Keeping Safe (incl. Drug Education)</i> Unit code: HSL2KSF	<u>Healthy and Safer Lifestyles</u> <i>Healthy Lifestyles</i> Unit code: HSL3HLF
Years 1-6	<u>Myself and My Relationships</u> Beginning and Belonging Y1&2 unit code: MMR4BB12 Y3&4 unit code: MMR9BB34 Y5&6 unit code: MMR14BB56 Family and Friends Y1&2 unit code: MMR6FF12 Y3&4 unit code: MMR11FF34 Y5&6 unit code: MMR16FF56	<u>Myself and My Relationships</u> Anti-Bullying Y1&2 unit code: MMR7AB12 Y3&4 unit code: MMR12AB34 Y5&6 unit code: MMR17AB56	<u>Citizenship</u> Working Together Y1&2 unit code: Cit3WT12 Y3&4 unit code: Cit6WT34 Y5&6 unit code: Cit9WT56 <u>Economic Wellbeing</u> Financial Capability Y1&2 unit code: EW1FC12 Y3&4 unit code: EW2FC34 Y5&6 unit code: EW3FC56	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education Unit codes: Y1: HSL6SR1 Y2: HSL10SR2 Y3: HSL13SR3 Y4: HSL17SR4 Y5: HSL20SR5 Y6: HSL24SR6	<u>Healthy and Safer Lifestyles</u> Managing Safety and Risk Y1&2 unit code: HSL4MR12 Y3&4 unit code: HSL11MR34 Y5&6 unit code: HSL18MR56	<u>Healthy and Safer Lifestyles</u> Healthy Lifestyles Y1&2 unit code: HSL7HL12 Y3&4 unit code: HSL14HL34 Y5&6 unit code: HSL21HL56

